

The Adapter Factor™

Linda Lynch-Johnson

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Every day we are confronted by change - either we choose it or we get hit right between the eyes!

The Adapter Factor™ consists of five critical components:

1. Hit the **PAUSE** button.
2. Assess the situation.
3. Figure out the "Why."
4. Find your personal GPS location.
5. Manage your environment.

Learn from the chameleon - it reflects its surroundings, but it is still the chameleon.



"A species adapts to survive. Use the Adapter Factor™ to thrive."

Topics:

The Adapter Factor™
You Are Not Your Disease
Manage Your Environment
or it Will Manage You!

TESTIMONIALS:

"Very eloquent speaker. Easy to listen to and very informative. A fabulous eye-opener."
Felice Field, Owner Montage Studios

"Linda's workshop should be required for anyone looking for work."
Professor Robert Jenkins
San Jose State University

"Linda's comments on the John Polish radio program on how she was able to adapt into Saudi culture were given with humor, wit, and intelligence. She is a fabulous storyteller. Linda is an asset for companies helping their employees adapt to any environment."
Veronica Lennon, Former IT Manager



Linda Lynch-Johnson developed her expertise in adapting techniques by coping with frequent relocations, illness, accidents, business successes and failures, as well as living in Saudi Arabia

She brings humor and insight to the topic of change.

Linda is a popular guest on television and radio shows, a published author, and a captivating speaker.

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